

Adult Fitness Classes:

Zumba Fitness

Mondays, Wednesdays, and Fridays 8:45 am AND Mondays 5:15 pm

Punchcards Available. Drop In \$7.50, Studio A

Barre Sculpt

Schedule Pending. TBA. See website for updated details.



www.highattitudedanceacademy.com

970-901-3896

120 North Wisconsin Street, Gunnison, CO 81230

Staff:

Crystal Ashe, Brooke Christopherson, Jessica Cunningham,
Melissa Duetsch, Kate Oros, Alexandria Rodriguez, Chelsey Turco,
and Heather Wild.

2017-2018 Season School Year Schedule

PreK, Recreational, Competitive, and Adult Classes

September 2017-May 2018

*pricing on page 10 of packet.

Pre-K Recreational Program:

2 Year Old Pre-Ballet and Tumbling with Miss Melissa

Fridays, 10:30-11:00 am, Studio B

3 Year Old Pre-Ballet and Tumbling with Miss Melissa

Fridays, 11:00-11:45 am, Studio B

4 to 5 Year Old Pre-Ballet and Tumbling with Miss Melissa

Tuesdays, 4:00-4:45 pm, Studio B

3 to 5 Year Old Tap with Mrs. Jessica

Tuesdays, 4:45-5:15 pm, Studio B

Elementary Recreational Program for Boys and Girls:

Kindergarten Ballet/Jazz with Miss Melissa

Fridays, 12:15-1:15 pm, Studio A

1st to 2nd Grade Ballet/Jazz with Miss Brooke

Fridays, 4:00-5:00 pm, Studio B

3rd to 5th Grade Ballet/Jazz with Miss Brooke

Fridays, 6:00-7:00 pm, Studio B

2017-2018 Season Registration Hours:

*each of the following days will have a “special registration reward”.

Follow us on facebook to find out what you could win!

Thursday, August 10th 5:00-7:00 pm

Friday, August 11th 10:00am-12:00 noon

Monday, August 14th 5:00-7:00 pm

Wednesday, August 16th 5:00-7:00 pm

*Late registration dates TBA.

“Did you know that dance is a powerful ally for developing many of the attributes of a growing child? Dance helps children mature physically, emotionally, socially, and cognitively.”

Use this space for your notes:

PRICING GRID:

HADA prices per weekly hours. Find all the great classes you'd like to take, add up the hours, and find that amount of hours on the grid below. That's your affordable monthly tuition payment.

Weekly Hours	Monthly Tuition Rate	Weekly Hours	Monthly Tuition Rate
1/2	\$25	4 - 4 1/4	\$117.50
3/4 - 1	\$30	4 1/2 - 4 3/4	\$132.50
1 1/4	\$40	5 - 5 1/4	\$147.50
1 1/2	\$45	5 1/2 - 6	\$162.50
1 3/4	\$52	6 1/4 - 6 1/2	\$187.50
2 - 2 1/4	\$60	6 3/4 - 7 1/4	\$200
2 1/2 - 2 3/4	\$70	7 1/2 - 7 3/4	\$222.50
3 - 3 1/4	\$87.50	Unlimited	\$250
3 1/2 - 3 3/4	\$105	Family	\$350

Tuition is due on the 1st of each month (September-April), and late after the 7th. A 5% per week late fee will be applied beginning on the 8th if tuition hasn't been received.

Payment options include cash, check, automatic credit card payment, and manual credit card (additional 3% fee).

A non-refundable registration fee of \$10 per dancer or \$20 per family maximum will be due at time of registration.

Hip Hop with Mrs. Jessica

Mondays, 6:15-7:00 pm, Studio B

Tap with Mrs. Jessica

Thursdays, 4:45-5:30 pm, Studio B

Acrobatics and Tumbling Level 1 with Mrs. Chelsey

*little to no experience

Thursdays, 4:00-4:45 pm, Studio B

Performance Acrobatics and Tumbling Levels 2 and 3 with Mrs. Chelsey

*Requirement: dancer must be taking Acrobatics and Tumbling Technique 2 or 3.

Wednesdays, 5:15-5:45 pm, Studio B

Recreational Dancers are also WELCOME TO REGISTER for all TECHNIQUE Classes (see Technique section), and will be leveled at registration.

Middle and High School Recreational Schedule for Boys and Girls:

Middle-High School Ballet/Jazz with Miss Brooke

Wednesdays, 5:45-6:45 pm, Studio B

Tap with Mrs. Jessica (Elementary-Middle School)

Thursdays, 4:45-5:30 pm, Studio B

Hip Hop with Mrs. Jessica

Wednesday, 6:45-7:45 pm

Performance Acrobatics and Tumbling Levels 2 and 3 with Mrs. Chelsey

*Requirement: dancer must be taking Acrobatics and Tumbling Technique 2 or 3.

Wednesdays, 5:15-5:45 pm, Studio B

Intermediate/Advanced Contemporary Technique with Miss Brooke

Thursdays, 5:00-6:00 pm, Studio A

Technique Classes By Age and/or Level:

Acrobatics and Tumbling Level 2, Ages 8+ with Mrs. Chelsey

*Requirement: dancers must have standing backbend and/or bridge-kickover unassisted.

Wednesdays, 4:00-4:45 pm, Studio B

Acrobatics and Tumbling Level 3, Ages 8+ with Mrs. Chelsey

*Requirement: dancers must have front or back handspring with/without spot.

Wednesdays, 6:30-7:30 pm, Studio A

Ballet Technique Level 2 with Mrs. Crystal, Ages 7+ with Experience

Thursdays, 4:00-5:00 pm, Studio A

Ballet Technique Level 3 with Mrs. Crystal, Ages 11+ at Intern. Level

Mondays, 5:00-6:15 pm, Studio B

Elite Level (Auditions August 29th and 30th, See HADA office for details):

Required: Ballet Technique Level 4, Production Wednesdays, 5:30-6:30 pm,

Choreo Mondays, 4:00-5:00 and 7:15-8:15 pm, Wednesdays 4:00-5:30 pm, and AT LEAST 5 of the following:

Ballet Technique Level 3

Pointe 1 and 2

Pointe 3+

Pointe Strengthening

Dancer Conditioning

Acrobatics and Tumbling Level 3

Prima Competition Tap

Contemporary Technique

Across The Floor Level 2

Also ask about our Assistant Teacher volunteer opportunities!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4-5 pm Comp Choreo		4-5:30 pm Comp Choreo	<i>5-6 PM Contemporary Tech</i>	<i>4:00-5:00 pm ATF 2</i>
<i>5-6:15 PM Ballet Tech 3</i>	<i>5:15-6:15 pm Pointe 1 and 2</i>			
6:15-7:30 pm Ballet Tech 4		5:30-6:30 PM Production	<i>6:30-7:15 pm Pointe Strengthen</i>	<i>5:00-6:00 pm Dancer Cond.</i>
7:30-8:30 pm Comp Choreo		<i>6:30-7:30 pm Acro Level 3</i>	<i>7:15-8 pm Comp Tap</i>	<i>6-7 pm Pointe 3+</i>

BOLD= REQUIRED, REG=OPTIONS FROM REQUIRED SECTION, ITALIC=OPTIONAL TECH

Prima Level (Ages 13+ with multiple years dance experience):

Required Classes:

Ballet Technique 3 or 4 (teacher placement)

Production Wednesdays, 5:30-6:30 pm

Competition Choreography, Tuesdays, 6:15-8:45 pm **this structured 2 ½ hour class includes choreography options in jazz, lyrical, ballet, musical theatre, and hip hop.*

Prima dancers may also choose: any/all technique classes and/or the following competition classes:

Tap with Mrs Jessica Thursdays, 7:15-8:00 pm

Contemporary Choreo with Miss Brooke, Thursdays, 6:00-6:30 pm (req: contemporary technique)

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		<i>4-4:45 pm Acro Level 2</i>	<i>5-6 PM Contemp. Tech</i>	<i>4:00-5:00 pm ATF 2</i>
5-6:15 PM Ballet Tech 3*	<i>5:15-6:15 pm Pointe 1 and 2</i>			
6:15-7:30 pm Ballet Tech 4*		5:30-6:30 PM Production	6-6:30 PM Contemporary Choreo	<i>5:00-6:00 pm Dancer Cond.</i>
			<i>6:30-7:15 pm Pointe Strengthen</i>	
	6:15-8:45 PM Comp Choreo	<i>6:30-7:30 pm Acro Level 3</i>	<i>7:15-8 pm Comp Tap</i>	<i>6-7 pm Pointe 3+</i>

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Ballet Technique Level 4 with Mrs. Crystal, Ages 11+ at Adv. Level

Mondays, 6:00-7:15 pm, Studio A

Pointe Level 1 to 2 with Mrs. Crystal, Experience Req, See HADA Office

Tuesdays, 5:15-6:15 pm, Studio B

Pointe Level 3+ with Mrs. Crystal, *More than 2 years experience required.

Fridays, 6:00-7:00 pm, Studio A

Pointe Strengthening with Mrs. Crystal *all levels of pointe dancer welcome.

Thursdays, 6:30-7:15 pm, Studio A

Intermediate/Advanced Contemporary with Miss Brooke

Thursdays, 5:00-6:00 pm, Studio A

Across The Floor Level 1, Ages 7+ with Mrs. Crystal

Fridays, 5:00-6:00 pm, Studio A

Across The Floor Level 2 with Mrs. Crystal, Ages 11+ with Dance Experience

Fridays, 4:00-5:00 pm, Studio A

Dancer Conditioning with Miss Brooke, Ages 11+

Fridays, 5:00-6:00 pm, Studio B

Competition Teams:

Premier Level (Ages 4-6, no experience required)

Ballet with Mrs. Kate Mondays, 4:00-4:45 pm, Studio B
 Choreography with Mrs. Kate Tuesdays, 4:00-4:45 pm, Studio A

Petite Level (Ages 7 to 9, with dance experience)

Required Classes:

Ballet Technique 2
 Production Wednesdays, 5:30-6:30 pm, Studio A

Plus at least two of the following:

Lyrical with Mrs. Kate Tuesdays, 4:45-5:30 pm, Studio A
 Hip Hop with Mrs. Kate Tuesdays, 5:30-6:15 pm, Studio A
 Tap with Mrs. Jessica Thursdays, 5:30-6:15 pm, Studio B
 Jazz/Musical Theatre with Mrs, Jessica Thursdays, 6:15-7:00 pm, Studio B
 Comp Acro (invite only) with Mrs. Chelsey Wednesdays, 4:00-4:45pm

<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
4:45-5:30 pm Lyrical	<i>4-4:45 pm Acro Level 2</i>	4-5 PM Ballet Tech 2	
5:30-6:15 pm Hip Hop	4:45-5:15 pm Comp Acro (invite only)	5:30-6:16 pm Tap	<i>5-6 pm Across The Floor 1</i>
	5:30-6:30 pm Production	6:15-7 pm Jazz/Musical Theatre	
	<i>6:30-7:30 pm Acro Level 3</i>		

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Principal Level (Ages 9-13 with int. dance experience):

Required Classes:

Ballet Technique Level 3,
 Production Wednesdays 5:30-6:30 pm

Competition Choreography, Tuesdays, 6:15-8:00 pm **this structured 1 ¼ hour class includes choreography options in jazz, lyrical, ballet, musical theatre, and hip hop.*

Principal dancers may also choose: any/all technique classes and/or the following competition classes:

Tap with Mrs Jessica Thursdays 5:30-6:15 pm

**the following must be paired with matching technique class to be eligible.*

Contemporary Choreo with Miss Brooke Thursdays, 6:00-6:30 pm

Acro Choreo (invite only) with Mrs. Chelsey Wednesdays, 4:45-5:15 pm

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		<i>4-4:45 pm Acro Level 2</i>	<i>5-6 PM Contemporary Tech</i>	<i>4-5 pm ATF 2</i>
5-6:15 PM Ballet Tech 3		4:45-5:15 PM Comp Acro (invite only)	5:30-6:15 PM Comp Tap	<i>5-6pm ATF 1</i>
		5:30-6:30 PM Production	6-6:30 PM Contemp. Choreo	<i>5:00-6:00 pm Dancer Cond.</i>
	6:15-8 PM Comp Choreo	<i>6:30-7:30 pm Acro Level 3</i>		

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